



OLDER BABY AND CHILD NUTRITION QUESTIONS (5 through 23 months)

Baby's/Child's Name:	Baby's/Child's Age (in months):
Mother's age (circle): 19 years & under 20 years & over	Name of person completing this form:

Please circle or write your answers to the following questions:

1. When is this baby/child's next doctor's appointment? _____

2. I give my baby/child: Vitamins Fluoride Iron Drops Medicine None Other _____

3. My baby/child currently has: Allergies Constipation Diarrhea None of these

4. My baby/child had a blood test for LEAD: No Yes If yes, when? _____

5. How often do you run out of money or food stamps (or EBT) to buy food? Often Sometimes Never

6. How do you know when your baby/child is ready to eat? _____
 How do you know when your baby/child is full? _____

7. If you breastfeed your baby/child:
 How many times in 24 hours (day and night) do you breastfeed? _____
 For how long would you like to breastfeed your baby/child? _____
 How is breastfeeding going? (not good) 1.....2.....3.....4.....5 (great)

8. If you feed your baby/child formula:
 How often does your baby/child take a bottle of formula? _____
 How many ounces of formula does your baby/child drink at each feeding? _____
 What brand of formula do you give your baby/child? _____
 Explain how you mix the formula. _____
 How is formula feeding going? (not good) 1.....2.....3.....4.....5 (great)

9. Where are all the places your baby/child takes a bottle? Bed Stroller Car Seat
 Held in someone's arms High-Chair Holds his/her own bottle Other _____

Please turn over →

For Staff Use Only: Date: _____ WIC Staff Name: _____

WIC I.D. #: _____ Height _____ Weight _____ Please circle: SR SM SA/SH
 Pronto: Y N

Immunization Assessment:
DTaP doses needed by this age: Check (✓) current IZ status below for all infants:

3 mo. 1	5 mo. 2	7 mo. 3	19 mo. 4	__UTD	__Not UTD (Ref. & Ed. given)	__No IZ Card
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Hgb/Hct in ISIS: __ YES: Date of Blood Test _____ __ NO: Referral Given, HOLD Placed



10. What does your baby/child drink from a bottle or cup?

Water	RiceWater	Kool Aid or Punch	Breastmilk
Water with Sugar	Cereal	Soda	Coffee
Water with Honey	Non fat Milk	Lemonade	Tea
Water with Karo Syrup	Lowfat Milk	Juice	Pedialyte
Jell-O Water	Whole Milk	Gatorade	Manzanilla/Chamomile Tea

Other _____

11. What do you feed your baby/child? Family or Table Food Baby Food in Jars Both No food yet

12. Which textures of food do you feed your baby/child?

Pureed Chunky Chopped Soft Pieces Other _____

13. What foods does your baby/child eat?

Cold/Hot Cereal	Beef/Chicken/Fish	Fruits	Yogurt	Crackers
Rice	Egg Yolk / Egg Whites	Vegetables	Ice Cream	Candy
Noodles/Spaghetti	Peanut Butter	Beans	Pudding/Custard	Nuts
Tortillas	Meat Sticks	Soup	Popsicles	Popcorn
Bread/Toast	Hotdogs	Cheese	Raisins	Cookies
French Fries	Chips	Tofu	Honey	

Other (list) _____

14. What things, other than food, does your baby/child eat? Dirt Clay Carpet Fibers

Cigarette Butts Paint Chips Dust Ashes Foam Rubber Crayons

None Other (list) _____

15. My baby/child uses the following to eat and drink: Bottle Cup Sippy Cup

Spoon Fork Fingers

16. How many **HOURS each day**:

a. Is a TV on in your house? _____ hours each day

b. Does your baby/child watch TV, use a computer or play video games? _____ hours each day

17. What nutrition and health questions would you like to discuss with your WIC counselor today? _____

For Staff Use Only

Circle Chart

