

**SURVEY OF WIC PARTICIPANTS**  
**- Screener -**

I'm calling on behalf of the WIC (WICK) Program. May I speak with FIRST NAME OF PARENT? (IF NECESSARY, SAY:)  
We are conducting a statewide survey of parents across California about their experiences with WIC. (IF NECESSARY, SAY:) WIC is the supplemental food program for women, infants and children.

IF NO ENGLISH SPOKEN, CODE AS FOLLOWS:

SPANISH..... 2 - SPANISH CALLBACK  
ASIAN LANGUAGE..... 3 } TERMINATE  
OTHER LANGUAGE ..... 4 }

- IF NOT AT THIS NUMBER, ASK FOR FORWARDING NUMBER

ONCE PARENT IS ON PHONE, SAY:

I'm \_\_\_\_\_ and I'm calling on behalf of the WIC Program.

S1. We are conducting a statewide survey of parents across California about their experiences with WIC.

IF NECESSARY, SAY:

- If you have any questions, you may contact WIC at 1-888-942-2229.
- This is a survey sponsored by the WIC Program. WIC would like to provide the best services possible.
- We are definitely not selling anything.
- We encourage you to provide your opinions, but your participation is entirely voluntary. If there are any questions that you do not want to answer or have no opinion about, please let me know and we will go to the next question. If you choose to end the interview before it is completed, or if you choose not to participate, there will be no penalties or any loss of WIC benefits you may already be receiving.
- The interview should take about 15-20 minutes.

IF SPANISH LANGUAGE DIFFICULTIES, ASK:

S2.	We can conduct the survey in English or Spanish. Would you prefer to be interviewed in Spanish?	NO, CONTINUE IN ENGLISH.....1
		SPANISH .....2

S3. RECORD GENDER OF PARENT:

FEMALE .....1  
MALE .....2

Before we begin, I need to tell you that my supervisor periodically monitors these interviews to insure quality and courtesy.

**SURVEY OF WIC PARTICIPANTS  
 Questionnaire**

1a. How many people in your household are currently on WIC? \_\_\_\_\_ PEOPLE → **IF 0, TERMINATE**

**IF ONE OR MORE, ASK:**

- |     |  |                               |
|-----|--|-------------------------------|
| 1b. | How many of them are children ages 2 – 5?  | _____ CHILDREN 2-5 YEARS      |
| 1c. | How many of them are children 12-23 months old?  | _____ CHILDREN 12-23 MONTHS   |
| 1d. | How many of them are infants under 12 months old?  | _____ INFANTS UNDER 12 MONTHS |
| 1e. | How many are postpartum women? (IF NECESSARY, SAY: That is, women who only recently gave birth?) | _____ POSTPARTUM WOMEN        |
| 1f. | How many are pregnant women?   | _____ PREGNANT WOMEN          |

▪ **NOTE: SUM OF Q1b-Q1f MUST EQUAL NUMBER OF PEOPLE ON WIC FROM Q1a.**

**IF INTERVIEW BEING CONDUCTED IN APRIL 2009 ONLY, ASK:**

- |     |   |   |
|-----|---|---|
| 1g. | Have you already been to WIC this month to pick up your WIC checks? | YES ..... 1 → <b>TERMINATE</b><br>NO..... 2 → <b>CONTINUE</b> |
|-----|---|---|

2. Counting all pregnancies and children, about how many months or years in total have you or other family members received WIC services? \_\_\_\_\_ MONTHS  
 \_\_\_\_\_ YEARS  
 DON'T KNOW ..... DK  
 REFUSED ..... REF

**IF ANY CHILDREN AGE 0-5 ON WIC (FROM Q1b, 1c OR 1d), ASK:**

- |     |  |  |
|-----|--|--|
| 5a. | Are you the biological (mother) (father) of the children who are currently on WIC? | YES ..... 1<br>NO..... 2<br>DON'T KNOW ..... DK<br>REFUSED ..... REF |
|-----|--|--|

**IF NO, NOT BIOLOGICAL MOTHER/FATHER, ASK:**

- |     |                          |  |
|-----|--------------------------|--|
| 5b. | Are you the (READ LIST)? | Step(mother/father) ..... 1<br>Adoptive (mother/father) ..... 2<br>Grand(mother/father) ..... 3<br>Another relative (e.g., aunt, uncle).... 4<br>OTHER (NOT RELATED)..... 5<br>REFUSED ..... REF |
|-----|--------------------------|--|

**IF YES, BIOLOGICAL MOTHER/FATHER, ASK:**

- |     |  |  |
|-----|--|--|
| 5c. | (Are you/Is the mother of your children) currently pregnant? | YES ..... 1<br>NO..... 2<br>DON'T KNOW ..... DK<br>REFUSED ..... REF |
|-----|--|--|

6. Who usually does the food shopping to buy WIC foods for your household? Is that you or someone else? RESPONDENT ..... 1  
 SOMEONE ELSE ..... 2  
 REFUSED ..... REF

8. I would like to learn about your most recent WIC visit. At your most recent visit to WIC did you meet together with a group of other WIC participants and receive education from a WIC staff person about a nutrition or health topic together as a group or not? (IF NECESSARY, SAY: This could have been in a separate room of the WIC center, like a classroom or as a small group gathered together in an area of the WIC center.)
- YES, DID .....1  
 NO, DID NOT.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF
9. At your most recent WIC visit, you probably filled out a few WIC forms about yourself or your child. In addition to the regular WIC forms you completed, were you asked to complete a 2-4 page worksheet about a nutrition or health topic where you wrote your answers directly onto the worksheet?
- YES, DID .....1  
 NO, DID NOT.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF

The next few questions are about the fruits and vegetables you ate in the past week. For each please tell me how many times you ate or drank this in the past week. For each question, please answer by saying never, 1 to 2 times per week, 3 to 4 times per week, 5 to 6 times per week or every day.

- 10a. In the last week, how many times did you drink 100 percent orange juice, grapefruit juice or other 100 percent juice? Do not count fruit drinks, soft drinks or other sugar-sweetened drinks.  
 (IF NECESSARY, SAY: Never, 1 to 2 times per week, 3 to 4 times per week, 5 to 6 times per week, 1 time per day, 2 times per day, 3 times per day, or 4 or more times per day?)
- NEVER.....1  
 1-2 TIMES PER WEEK .....2  
 3-4 TIMES PER WEEK .....3  
 5-6 TIMES PER WEEK .....4  
 1 TIME PER DAY .....5  
 2 TIMES PER DAY .....6  
 3 TIMES PER DAY .....7  
 4+ TIMES PER DAY .....9  
 DON'T KNOW..... DK  
 REFUSED.....REF
- 10b. In the last week, how often did you eat fruit, counting fresh, canned, dried and frozen fruit, but not counting juices?  
 (IF NECESSARY, SAY: Never, 1 to 2 times per week, 3 to 4 times per week, 5 to 6 times per week, 1 time per day, 2 times per day, 3 times per day, or 4 or more times per day?)
- NEVER.....1  
 1-2 TIMES PER WEEK .....2  
 3-4 TIMES PER WEEK .....3  
 5-6 TIMES PER WEEK .....4  
 1 TIME PER DAY .....5  
 2 TIMES PER DAY .....6  
 3 TIMES PER DAY .....7  
 4+ TIMES PER DAY .....9  
 DON'T KNOW..... DK  
 REFUSED.....REF
- 10g. In the last week, how often did you eat vegetables? Please include vegetables eaten in salads, soups and mixed dishes, and count fresh, frozen and canned vegetables.  
 (IF NECESSARY, SAY: Never, 1 to 2 times per week, 3 to 4 times per week, 5 to 6 times per week, 1 time per day, 2 times per day, 3 times per day, or 4 or more times per day?)
- NEVER.....1  
 1-2 TIMES PER WEEK .....2  
 3-4 TIMES PER WEEK .....3  
 5-6 TIMES PER WEEK .....4  
 1 TIME PER DAY .....5  
 2 TIMES PER DAY .....6  
 3 TIMES PER DAY .....7  
 4+ TIMES PER DAY .....9  
 DON'T KNOW..... DK  
 REFUSED.....REF
11. Fruits and vegetables come in many different colors. Please tell me about how much you and your family think about eating fruits and vegetables of different colors. Would you say you try to eat many different colors of fruits and vegetables or that you don't really think about the colors?
- TRY TO EAT DIFFERENT COLORS.....1  
 DON'T THINK ABOUT COLORS.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF

12a. Have you seen or heard any information recently about the importance of eating many different colors or eating a rainbow of fruits and vegetables every day? YES, HAVE .....1  
 NO, HAVE NOT .....2  
 DON'T KNOW ..... DK  
 REFUSED .....REF

**IF YES, ASK:**

12b. Where did you see or hear about this idea of eating a rainbow of fruits and vegetables every day? (READ LIST IN RANDOM ORDER) (ANSWER CAN BE A MULTIPLE) ( ) WIC .....1  
 ( ) Sesame Street .....2  
 ( ) From a doctor .....3  
 Someplace else .....4  
 DON'T KNOW ..... DK  
 REFUSED .....REF  
**READ LAST →**

13a. Have you ever seen or heard the idea that some foods should be considered "sometimes" foods, meaning foods we should only eat sometimes, and other foods should be considered "anytime" foods, meaning foods we can eat any time we want? YES, HAVE .....1  
 NO, HAVE NOT .....2  
 DON'T KNOW ..... DK  
 REFUSED .....REF

**IF YES, ASK:**

13b. Where did you see or hear about this idea of sometimes or anytime foods? (READ LIST IN RANDOM ORDER) (ANSWER CAN BE A MULTIPLE) ( ) WIC .....1  
 ( ) Sesame Street .....2  
 ( ) From a doctor .....3  
 Someplace else .....4  
 DON'T KNOW ..... DK  
 REFUSED .....REF  
**READ LAST →**

15. What type of milk do you yourself drink most of the time? (READ LIST) (RECORD ONE ANSWER) Whole or Vitamin D milk .....1  
 2% or reduced fat milk .....2  
 1% or low fat milk .....3  
 Fat free or nonfat milk .....4  
 I don't drink milk .....5  
 OTHER MILK .....6  
 DON'T KNOW ..... DK  
 REFUSED .....REF

**IF ANY KIND OF MILK MENTIONED IN Q15, ASK:**

16. Which of the following is a reason why you drink this type of milk? (READ LIST IN RANDOM ORDER) (ANSWER CAN BE A MULTIPLE) ( ) It's healthier for me .....1  
 ( ) I like the taste .....2  
 READ LAST → Or, some other reason .....3  
 DO NOT READ { DON'T KNOW .....DK  
 REFUSED .....REF

**IF CHILD AGE 2-5 ON WIC FROM Q1b, ASK:**

17. What type of milk does your 2-to-5-year-old child drink most of the time? (READ LIST IF NECESSARY) (RECORD ONE ANSWER) Whole or Vitamin D milk .....1  
 2% or reduced fat milk .....2  
 1% or low fat milk .....3  
 Fat free or nonfat milk .....4  
 He/She doesn't drink milk .....5  
 OTHER MILK .....6  
 DON'T KNOW ..... DK  
 REFUSED .....REF

18. Have you ever participated in a milk tasting at your WIC center? YES .....1  
 NO.....2  
 DON'T KNOW ..... DK  
 REFUSED.....REF

**IF YES, ASK:**

19. Did tasting milk at your WIC center make you more likely to change the milk you buy to a lower fat milk? YES .....1  
 NO.....2  
 DON'T KNOW ..... DK  
 REFUSED.....REF

20. The next few questions are about bread and grain foods. Do you ever buy... (**READ ITEMS IN RANDOM ORDER**)?

- |   | <u>YES</u> | <u>NO</u> | <u>DK</u> | <u>REF</u> |
|---|------------|-----------|-----------|------------|
| ( ) a. Whole wheat bread.....                       | 1          | 2         | DK        | REF        |
| ( ) b. Corn tortillas.....                          | 1          | 2         | DK        | REF        |
| ( ) c. Whole wheat tortillas.....                   | 1          | 2         | DK        | REF        |
| ( ) d. Oatmeal (not including instant packets)..... | 1          | 2         | DK        | REF        |
| ( ) e. Brown rice.....                              | 1          | 2         | DK        | REF        |

21. On packaged foods, all the ingredients in the food are listed on a label. Have you seen this ingredients label before? YES .....1  
 NO.....2  
 DON'T KNOW ..... DK  
 REFUSED.....REF

**IF YES, ASK:**

22. When you buy whole grain foods, like whole wheat bread or whole wheat tortillas, how often do you read the ingredients label – always or most of the time, some of the time, rarely or never? ALWAYS/MOST OF THE TIME .....1  
 SOME OF THE TIME.....2  
 RARELY/NEVER.....3  
 DON'T KNOW ..... DK  
 REFUSED.....REF
24. Compared to six months ago, are you reading ingredients labels more often, less often, or about the same when you purchase your whole grain foods? MORE OFTEN .....1  
 LESS OFTEN.....2  
 SAME.....3  
 DON'T KNOW ..... DK  
 REFUSED.....REF

**IF MORE OFTEN, ASK:**

25. Which of the following is a reason you are reading ingredients labels more often when you are purchasing your whole grain foods? (**READ LIST IN RANDOM ORDER**) (**ANSWER CAN BE A MULTIPLE**)
- |   | <u>YES</u> | <u>NO</u> | <u>DK</u> | <u>REF</u> |
|---|------------|-----------|-----------|------------|
| ( ) a. I saw something about it at the grocery store..... | 1          | 2         | DK        | REF        |
| ( ) b. WIC taught me to do this.....                      | 1          | 2         | DK        | REF        |
| ( ) c. I heard about it or read about it somewhere.....   | 1          | 2         | DK        | REF        |
| <b>READ LAST</b> → d. Or, some other reason.....          | 1          | 2         | DK        | REF        |

The next few questions ask you to compare what you were eating 6 months ago to what you and your family are eating now.

27. Compared to six months ago, are you and your family now eating more, less or about the same amount of fruits? MORE .....1  
 LESS.....2  
 ABOUT THE SAME.....3  
 DON'T KNOW ..... DK  
 REFUSED.....REF

**IF MORE, ASK:**

28.	Compared to six months ago, are you and your family now eating a greater variety of fruits <u>or</u> larger amounts of the same types of fruits?	GREATER VARIETY .....1 LARGER AMOUNTS/SAME TYPE .....2 BOTH .....3 DON'T KNOW ..... DK REFUSED .....REF
29.	Compared to six months ago, are you and your family now eating more <u>fresh</u> fruits that are not canned, frozen or dried?	YES .....1 NO .....2 DON'T KNOW ..... DK REFUSED .....REF

30.	Compared to six months ago, are you and your family now eating more, less or about the same amount of <u>vegetables</u> ?	MORE .....1 LESS .....2 ABOUT THE SAME .....3 DON'T KNOW ..... DK REFUSED .....REF
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**IF MORE, ASK:**

31.	Compared to six months ago, are you and your family now eating a greater variety of vegetables <u>or</u> are you eating larger amounts of the same types of vegetables?	GREATER VARIETY .....1 LARGER AMOUNTS/SAME TYPE .....2 BOTH .....3 DON'T KNOW ..... DK REFUSED .....REF
32.	Compared to six months ago, are you and your family now eating more <u>fresh</u> vegetables, meaning vegetables that are not canned, or frozen?	YES .....1 NO .....2 DON'T KNOW ..... DK REFUSED .....REF

33.	Compared to six months ago, do you think that you now drink more, less or about the same amount of <u>milk</u> ?	MORE .....1 LESS .....2 ABOUT THE SAME .....3 DON'T KNOW ..... DK REFUSED .....REF
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**IF MORE OR LESS, ASK:**

34. What type of milk are you now drinking (more) (less) – whole or Vitamin D milk, 2% or reduced fat milk, 1% or low-fat milk, or fat-free or non-fat milk? (ANSWER CAN BE A MULTIPLE)	WHOLE MILK OR VITAMIN D .....	1
	2% OR REDUCED FAT .....	2
	1% OR LOW-FAT .....	3
	FAT-FREE OR NON-FAT .....	4
	OTHER.....	5
	DON'T KNOW.....	DK
	REFUSED.....	REF

35. Compared to six months ago, do you think that you now eat more, less or about the same amount of <u>whole grain foods</u> ?	MORE .....	1
	LESS.....	2
	ABOUT THE SAME .....	3
	DON'T KNOW.....	DK
	REFUSED.....	REF

**IF Q27 OR Q30 OR Q35 = MORE OR Q34 = 2, 3 OR 4, ASK:**

36. Are you (READ BACK AS MANY AS APPLY) ((eating more (fruits)(vegetables)(whole grains)) (drinking more lower fat milk) because of something you learned at WIC?	YES TO ANY .....	1
	NO.....	2
	DON'T KNOW.....	DK
	REFUSED.....	REF

37. The next questions ask you about different things that you might be thinking about doing in the next six months. For each, please tell me if you are not thinking about doing it right now, thinking about doing it or already doing it. What about... (READ EACH ITEM ONE AT A TIME, ASKING:) Are you not thinking about doing it right now, thinking about doing it in the next six months or already doing it?

**IF THINKING ABOUT DOING IT, IMMEDIATELY ASK:**

38. How certain are you that you will (eat) (drink) (read) <u>ITEM</u> in the next six months – very certain, somewhat certain, or not certain?	VERY CERTAIN .....	1
	SOMEWHAT CERTAIN.....	2
	NOT CERTAIN .....	3
	DON'T KNOW.....	DK
	REFUSED.....	REF

	NOT THINKING ABOUT IT	THINKING ABOUT DOING IT	ALREADY DOING	DK	REF
( ) a. (eating) more fruits and vegetables each day .....	1	2	3	DK	REF
( ) c. (drinking) 2% reduced fat milk .....	1	2	3	DK	REF
( ) d. (drinking) 1% low-fat milk.....	1	2	3	DK	REF
( ) e. (drinking) fat-free or nonfat milk.....	1	2	3	DK	REF
( ) f. (eating) more 100% whole wheat bread .....	1	2	3	DK	REF
( ) g. (eating) brown rice instead of white rice.....	1	2	3	DK	REF
( ) h. (eating) whole wheat tortillas instead of plain flour tortillas .....	1	2	3	DK	REF

39. (1) I'm going to read you a few statements that some people say makes it hard for them to eat more fruits and vegetables. For each please tell me if you agree or disagree. Eating more fruits and vegetables is difficult because... (READ IN RANDOM ORDER) Do you agree or disagree? Is that strongly or somewhat?

- |   | AGREE<br>STRONGLY | AGREE<br>SOMEWHAT | DISAGREE<br>SOMEWHAT | DISAGREE<br>STRONGLY | DK REF |
|---|-------------------|-------------------|----------------------|----------------------|--------|
| ( ) a. They cost too much .....                         | 1                 | 2                 | 3                    | 4                    | DK REF |
| ( ) b. They are hard to find where I shop for food..... | 1                 | 2                 | 3                    | 4                    | DK REF |
| ( ) c. My children or I don't like them.....            | 1                 | 2                 | 3                    | 4                    | DK REF |

39. (2) Next I'm going to read you a few statements that some people say makes it hard for them to eat more whole grain foods like whole wheat bread, whole wheat tortillas and brown rice. For each please tell me if you agree or disagree. Eating more whole grain foods like whole wheat bread, whole wheat tortillas and brown rice is difficult because... (READ IN RANDOM ORDER) Do you agree or disagree? Is that strongly or somewhat?

- |   | AGREE<br>STRONGLY | AGREE<br>SOMEWHAT | DISAGREE<br>SOMEWHAT | DISAGREE<br>STRONGLY | DK REF |
|---|-------------------|-------------------|----------------------|----------------------|--------|
| ( ) a. They cost too much .....                             | 1                 | 2                 | 3                    | 4                    | DK REF |
| ( ) b. They are hard to find where I shop for food.....     | 1                 | 2                 | 3                    | 4                    | DK REF |
| ( ) c. My children or I don't like them.....                | 1                 | 2                 | 3                    | 4                    | DK REF |
| ( ) d. I can't always tell which foods are whole grain..... | 1                 | 2                 | 3                    | 4                    | DK REF |

39. (3) Next I am going to read some statements that some people say makes it hard for them to drink lower fat milk like 2%, 1% or fat-free milk. For each please tell me if you agree or disagree. Drinking lower fat milk like 2%, 1% or non-fat milk is difficult because... (READ IN RANDOM ORDER) Do you agree or disagree? Is that strongly or somewhat?

- |   | AGREE<br>STRONGLY | AGREE<br>SOMEWHAT | DISAGREE<br>SOMEWHAT | DISAGREE<br>STRONGLY | DK REF |
|---|-------------------|-------------------|----------------------|----------------------|--------|
| ( ) a. My children or I don't like the taste.....       | 1                 | 2                 | 3                    | 4                    | DK REF |
| ( ) b. They are hard to find where I shop for food..... | 1                 | 2                 | 3                    | 4                    | DK REF |

40a. In the last six months have you heard any messages about eating more fruits and vegetables from any source, such as from your doctor, at the store, from WIC, or in advertisements?

YES .....	1
NO.....	2
DON'T KNOW.....	DK
REFUSED.....	REF

**IF YES, ASK:**

40b. From which of these sources did you hear these messages about <u>eating more fruits and vegetables</u> – from your doctor, at the store where you buy your WIC foods, from WIC or in advertisements?	DOCTOR .....	1
	AT STORE .....	2
	FROM WIC.....	3
	IN ADS .....	4
	DON'T KNOW.....	DK
	REFUSED.....	REF



41a. In the last six months have you heard any messages about eating more whole grain foods from any source, such as from your doctor, at the store, from WIC, or in advertisements?

YES .....1  
 NO.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF

**IF YES, ASK:**

41b. From which of these sources did you hear these messages about eating more whole grain foods – from your doctor, at the store where you buy your WIC foods, from WIC or in advertisements?

DOCTOR .....1  
 AT STORE .....2  
 FROM WIC.....3  
 IN ADS .....4  
 DON'T KNOW..... DK  
 REFUSED.....REF

42a. In the last six months have you heard any messages about drinking lower fat milk from any source, such as from your doctor, at the store, from WIC, or in advertisements?

YES .....1  
 NO.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF

**IF YES, ASK:**

42b. From which of these sources did you hear these messages about drinking lower fat milk – from your doctor, at the store where you buy your WIC foods, from WIC or in advertisements?

DOCTOR .....1  
 AT STORE .....2  
 FROM WIC.....3  
 IN ADS .....4  
 DON'T KNOW..... DK  
 REFUSED.....REF

**IF HAS CHILD AGE 1-5 ON WIC FROM Q1b OR Q1c, ASK:**

43. Do you have any books that help you talk to your 1-5 year old child about how to eat healthy foods like fruits and vegetables?

YES .....1  
 NO.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF

44. Do you have any videos or DVDs that help you talk to your child about how to eat healthy foods like fruits and vegetables?

YES .....1  
 NO.....2  
 DON'T KNOW..... DK  
 REFUSED.....REF

**IF CHILD UNDER AGE 2 ON WIC (FROM Q1c OR Q1d), ASK:**

47. I'm going to read you some statements and I'd like you to tell me whether you think each statement reflects WIC's position about feeding babies. There are no right or wrong answers, we would just like your opinion. (READ IN RANDOM ORDER, ASKING:) Do you think this reflects WIC's position?

YES NO DK REF

( ) a. WIC encourages mothers to breastfeed their babies..... 1 ....2 ...DK .REF

( ) b. WIC encourages mothers to feed their babies formula..... 1 ....2 ...DK .REF

( ) c. WIC encourages mothers to breastfeed their babies without using any formula ..... 1 ....2 ...DK .REF

( ) e. WIC encourages mothers to both breastfeed and feed their babies formula ..... 1 ....2 ...DK .REF

48.	How old is your youngest child?	LESS THAN 1 MONTH .....0 1 MONTH .....1 2 MONTHS .....2 3 MONTHS .....3 4 MONTHS .....4 5 MONTHS .....5 6 MONTHS .....6 7 MONTHS .....7 8 MONTHS .....8 9 MONTHS .....9 10 MONTHS ..... 10 11 MONTHS ..... 11 12 MONTHS OR MORE ..... 12 REFUSED.....REF
49.	How long did you breastfeed your youngest child? (IF STILL BREASTFEEDING, ENTER CATEGORY APPLICABLE TO CHILD'S CURRENT AGE)	LESS THAN 1 MONTH .....0 1 MONTH .....1 2 MONTHS .....2 3 MONTHS .....3 4 MONTHS .....4 5 MONTHS .....5 6 MONTHS .....6 7 MONTHS .....7 8 MONTHS .....8 9 MONTHS .....9 10 MONTHS ..... 10 11 MONTHS ..... 11 12 MONTHS OR MORE ..... 12 STILL BREASTFEEDING ..... 13 DIDN'T BREASTFEED..... 14 REFUSED.....REF
50.	How old was your youngest child when he/she was first given formula?	LESS THAN 1 MONTH .....0 1 MONTH .....1 2 MONTHS .....2 3 MONTHS .....3 4 MONTHS .....4 5 MONTHS .....5 6 MONTHS .....6 7 MONTHS .....7 8 MONTHS .....8 9 MONTHS .....9 10 MONTHS ..... 10 11 MONTHS ..... 11 12 MONTHS OR MORE ..... 12 NEVER HAD FORMULA ..... 13 REFUSED.....REF

**ASK ALL EXCEPT THOSE SAYING "NEVER HAD FORMULA" FROM Q50:**

51.	Was your baby given formula in the hospital?	YES .....1 NO.....2 DON'T KNOW ..... DK REFUSED.....REF
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52.	How old was your youngest child when he or she first ate or drank anything <u>OTHER</u> than breastmilk, formula or water?	LESS THAN 1 MONTH .....0 1 MONTH .....1 2 MONTHS .....2 3 MONTHS .....3 4 MONTHS .....4 5 MONTHS .....5 6 MONTHS .....6 7 MONTHS .....7 8 MONTHS .....8 9 MONTHS .....9 10 MONTHS ..... 10 11 MONTHS ..... 11 12 MONTHS OR MORE ..... 12 HASN'T HAD FOOD OR DRINK YET ..... 13 REFUSED.....REF
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**ASK ALL EXCEPT THOSE SAYING "HASN'T HAD OTHER FOOD OR DRINK YET" FROM Q52:**

53.	What food or drink did you give your baby at this age? (READ CATEGORIES IN RANDOM ORDER IF NECESSARY) (ANSWER CAN BE A MULTIPLE)	<input type="checkbox"/> juice .....1 <input type="checkbox"/> cow's milk/fresh milk .....2 <input type="checkbox"/> cereal.....3 <input type="checkbox"/> tea.....4 <input type="checkbox"/> fruit.....5 <input type="checkbox"/> vegetables.....6 <input type="checkbox"/> meats.....7 READ LAST → something else .....8 DON'T KNOW..... DK REFUSED.....REF
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56.	There are many places where babies take a bottle. I'm going to read a list of places and for each, please tell me whether your youngest child takes or used to take a bottle in each of these places. (READ ITEMS IN RANDOM ORDER, ASKING:) Does or did your youngest child take a bottle in (ITEM)?	<table border="0" style="margin-left: auto;"> <tr> <td></td> <td style="text-align: center;"><u>YES</u></td> <td style="text-align: center;"><u>NO</u></td> <td style="text-align: center;"><u>DK</u></td> <td style="text-align: center;"><u>REF</u></td> </tr> </table> <input type="checkbox"/> a. a bed or crib ..... 1 ....2 ...DK .REF <input type="checkbox"/> b. a stroller..... 1 ....2 ...DK .REF <input type="checkbox"/> c. a car seat..... 1 ....2 ...DK .REF <input type="checkbox"/> d. someone's arms ..... 1 ....2 ...DK .REF <input type="checkbox"/> e. a high chair..... 1 ....2 ...DK .REF		<u>YES</u>	<u>NO</u>	<u>DK</u>	<u>REF</u>
	<u>YES</u>	<u>NO</u>	<u>DK</u>	<u>REF</u>			

**IF WOMAN AND CURRENTLY PREGNANT FROM Q5c, ASK:**

58.	Which of the following best describes what you think you will do with regard to breastfeeding your newborn (READ CATEGORIES)?	You know you will breastfeed.....1 You think you might breastfeed .....2 You know you will not breastfeed.....3 You don't know what to do about breastfeeding.....4 DON'T KNOW..... DK REFUSED.....REF
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Now, some questions about yourself...

- 101a. Thinking about your entire household, how many people currently live in your household, including yourself? \_\_\_\_\_ TOTAL PEOPLE IN HH
- 101b. Of these, how many are adults age 18 or older? \_\_\_\_\_ ADULTS 18 OR OLDER
- 101c. How many are children between the ages of 5 and 17 years? \_\_\_\_\_ CHILDREN AGES 5-17
- 101d. And, how many are children under five years of age? \_\_\_\_\_ CHILDREN UNDER 5

▪ **NOTE: SUM OF Q101b-Q101d MUST EQUAL NUMBER OF PEOPLE IN HOUSEHOLD FROM Q101a.**

The next few questions ask about your ethnic and racial background...

102. Are you of Latino or Hispanic origin? (IF NECESSARY, SAY: such as Mexican-American, Latin American, South American, or Spanish-American)?
- YES, HISPANIC .....1  
 NO, NON-HISPANIC .....2  
 DON'T KNOW ..... DK  
 REFUSED .....REF
103. For classification purposes, we'd like to know what your racial background is. Are you White, Black or African-American, Asian, Pacific Islander, American Indian or an Alaskan native, a member of another race or a combination of these? (ANSWER CAN BE A MULTIPLE)
- WHITE .....1  
 BLACK/AFRICAN-AMERICAN .....2  
 ASIAN .....3  
 PACIFIC ISLANDER .....4  
 AMERICAN INDIAN/ALASKAN NATIVE .....5  
 HISPANIC/LATINO (VOLUNTEERED) .....6  
 OTHER (SPECIFY) .....7  
 DON'T KNOW ..... DK  
 REFUSED .....REF
- 104a. What is the highest level of school you have completed or the highest degree you have received? (IF HIGH SCHOOL, ASK:) What was the highest grade you completed?
- NO FORMAL SCHOOLING .....1  
 8TH GRADE OR LESS .....2  
 GRADES 9-12 BUT NOT A HIGH SCHOOL GRAD .....3  
 HIGH SCHOOL GRADUATE .....4  
 SOME COLLEGE/TRADE SCHOOL/ ASSOCIATE DEGREE .....5  
 (4-YEAR) COLLEGE GRADUATE .....6  
 POST GRADUATE/ PROFESSIONAL DEGREE .....7  
 DON'T KNOW ..... DK  
 REFUSED .....REF
105. Are you currently working for pay full-time or part-time outside the home?
- YES, FULL-TIME .....1  
 YES, PART-TIME .....2  
 NO .....3  
 DON'T KNOW ..... DK  
 REFUSED .....REF
106. Are you currently attending school either full-time or part-time or taking occasional classes?
- YES, FULL-TIME STUDENT .....1  
 YES, PART-TIME OR OCCASIONAL CLASSES .....2  
 NO .....3  
 DON'T KNOW ..... DK  
 REFUSED .....REF

107.	In what year were you born?	<p>_____</p> <p>REFUSED.....REF</p>
108.	Thinking about your family's total <u>monthly</u> income from all sources, is it less than \$200 per month, between \$200 and \$1,000 per month, between \$1,000 and \$2,000 per month, between \$2,000 and \$3,500 per month or more than \$3,500 per month?	<p>&lt; \$200 PER MONTH .....1</p> <p>\$200 - \$1000 PER MONTH.....2</p> <p>\$1000 - \$2000 PER MONTH.....3</p> <p>\$2000 - \$3500 PER MONTH.....4</p> <p>&gt; \$3500 PER MONTH .....5</p> <p>DON'T KNOW..... DK</p> <p>REFUSED.....REF</p>
109.	Comparing your family's current monthly income to what it was one year ago, would you say that your family's total monthly income is now a lot less, a little less, about the same, a little more or a lot more?	<p>A LOT LESS .....1</p> <p>A LITTLE LESS .....2</p> <p>ABOUT THE SAME.....3</p> <p>A LITTLE MORE .....2</p> <p>A LOT MORE .....3</p> <p>DON'T KNOW..... DK</p> <p>REFUSED.....REF</p>
110.	In the last twelve months, have you or has anyone in your household used an EBT card for food stamps to buy food?	<p>YES .....1</p> <p>NO.....2</p> <p>DON'T KNOW..... DK</p> <p>REFUSED.....REF</p>

These are all of my questions. Thank you for taking the time to be part of this survey. Your answers will help WIC make better decisions about its education program and the new food package that will come in October.